



Two-day Online International Conference on
Islamic-Spiritual Psychology in South-East Asia
On October 14-15, 2023

Organised by
Institute of Objective Studies, New Delhi, India
In Collaboration with
International Institute of Islamic Thought (East and South East Asia)
International Association of Muslim Psychologists, Indonesia &
Jamia Hamdard, New Delhi, India

Concept Note

Islamic Psychology is based on the principles of Islam (i.e., faith, *tawheed*), Qur'an and Hadith. Islamic practises establish the relationship between God and human beings, and are the right path for the maintenance of health. In medieval period, the Arab culture and Islamic faith were the sources of advances in various sub-fields of Islamic Psychology such as Experimental Psychology, Social Psychology, Psychology of Personality, Positive Psychology, Spiritual Psychology, Psychological testing, Abnormal Psychology, Clinical Psychology. Muslim thinkers and philosophers have paid more attention to the discipline of psychology. A Sufi scholar, *Ikhwān al-ṣafā* gave the term *ilm al-naḥsāniyāt* (science of the souls).

This conference would highlight the contribution of Muslim Psychologists, Philosophers and scholars of Religious Studies in the field of Islamic-Spiritual Psychology. Quranic concepts, values and religion-based practices helps in the adoption of Islamic way of life. The legacy of Muslim Philosophers and Physicians during the 8th and 15th century was revived in the 20th century by Professor Malik Babiker Badri.

In the past and present century, Indian Muslim psychologists have made significant contribution in the field of Islamic Psychology, Counselling and Psychotherapy. Their publications in the form of books, theoretical and empirical articles in the edited books, national and international journals encouraged Muslim psychologists to tap into the Quranic concepts and Islamic practices. Institute of Objective Studies, Delhi (India) has been instrumental in the development of the field of Islamic Psychology.

Throughout society there is a tremendous amount of violence, uncertainty and fear, a form of organised, flourishing anarchy. Society has become a structure in which there are wars, separate religions and different nationalities, each in conflict with the other. And all over the world man has lost faith; he no longer trusts anybody, neither priests nor politicians, nobody, not even his own parents because the older generation has created such a monstrous society, a world in which there is constant war, insecurity and therefore fear.

With this premise, Islamic Psychology came into prominence for building the peace-loving man. Human nature is placed at the centre of the solution to problems that emerged in and from man. The Almighty has created in every man, the natural disposition to good and positive behaviour. However, man, in his excesses, sometimes misuses his potentials inherent in his nature i.e., *Fitrah*.

In order to highlight the above-mentioned important issues and to identify different possible ways to resolve them, the Institute of Objective Studies, New Delhi, India is organizing a two-day Online International Conference on the topic “***Islamic-Spiritual Psychology in South-East Asia***”, in collaboration with International Institute of Islamic Thought (East and South East Asia), Malaysia, International Association of Muslim Psychologists, Indonesia and Jamia Hamdard, New Delhi on 14-15 October 2023.

Participation

In this conference we expect a large number of participants around the globe, particularly from South-East Asian countries. Research based and theoretical papers are invited on the Quran-related concepts and Islamic practices in the field of Islamic-Spiritual Psychology. Academicians, scholars, administrators, social workers, policy makers, promoters of international cooperation, etc., from anywhere in the world are invited to participate and present papers on the sub-themes as mentioned below.

Sub-themes of the conference:

1. Roots of Islamic Psychology in Islamic Tradition
2. Islamic Spirituality
3. Human Nature and Islamic Personality
4. Islamic Beliefs and Practices
5. Islamic Values/Quranic Virtues
6. Cognitive Psychology and Social Psychology: Islamic Perspective
7. Spirituality, Spiritual Experiences and Spiritual Health
8. Spirituality in Organizations
9. Assessment of Spirituality
10. Islamic Approaches to Counselling
11. Islamic Parenting
12. Quranic Guidance and Therapy
13. Research Methodology: Islamic Perspective
14. Spiritual Problems and their Treatment
15. Any other relevant theme

Chief Patron

Dr. M. Manzoor Alam,
Chairman, IOS, New Delhi, India

Co-Chief Patron

Prof. Dato Dr. Mohamad Fauzan Hj. Noordin
Director, IIIT East and Southeast Asia, Malaysia

Conference Director

Professor Akbar Husain (Retired),
Aligarh Muslim University, Aligarh, India

Advisory Committee

1. Professor Shamim A. Ansari, Aligarh Muslim University, Aligarh, India
2. Professor Azizuddin Khan, IIT Bombay, Mumbai, India
3. Professor Shah M. Khan, Aligarh Muslim University, Aligarh, India
4. Dr. Mustafa Nadeem Kirmani, AMITY University, Manesar, India
5. Mr. Bagus Riyono, Universitas Gadjah Mada Yogyakarta, Indonesia

6. Prof. Dr. Shukran Bin Abd Rahman, Associate Professor of Psychology, IIUM Gambak Campus, Malaysia
7. Prof. Rahmatullah Khan, Professor of Clinical Psychology at Universiti Pendidikan Sultan Idris (UPSI), Malaysia

Language

The language of presentation will be English.

Important Dates

Last date for submission of abstracts
(in pdf & doc. File in 200 Words) **August 15, 2023**

Notification of acceptance/rejection of abstracts **August 20, 2023**

Last date for submission of full paper
(in pdf & doc. File in 3000 Words) **October 5, 2023**

Registration is Free

For more details, please visit the web-page:

http://www.iosworld.org/Announcements/International_Conference_on_Islamic-Spiritual_Psychology_in_South-East_Asia.html

Registration and Abstract Submission at:

<https://forms.gle/THPFsUkTnUTi1t2T9>

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